

# The Indiana Commission to Combat Drug Abuse



*Behavioral Health Division*

## Comprehensive Community Plan 2023

County: Washington

LCC Name: The Washington County Substance Abuse Council

LCC Contact: Connie Benson

Address: 108 W. Woodland Drive

City: Salem, IN 47167

Phone: 812-844-1664

Email: [connie.benson@pactchangeslives.com](mailto:connie.benson@pactchangeslives.com)

County Commissioners:

Washington County Courthouse 2<sup>nd</sup> Floor  
99 Public Square, Suite 200  
Salem, IN 47167

Phillip Marshall (President) District #1

2355 E Martinburg Road

Palmyra, IN 47164

Ph: 812-620-1358

[d1comm@washingtoncounty.in.gov](mailto:d1comm@washingtoncounty.in.gov)

Todd Ewen

2660 E Quaker Lane

Salem, IN 47167

812-620-0863

[D3comm@washingtongcounty.in.gov](mailto:D3comm@washingtongcounty.in.gov)

Rick Roberts (Vice-President)

8425 N Spangler Hill Road

Campbellsburg, IN 47108

812-620-2115

[D3comm@washingtoncounty.in.gov](mailto:D3comm@washingtoncounty.in.gov)

## Vision Statement

What is your Local Coordinating Council's vision statement?

To make a difference in the life of current and future generations by providing a safe community environment that promotes wholesome physical and mental health combined with drug free living in Washington County.

## Mission Statement

What is your Local Coordinating Council's mission statement?

It is the mission of the Washington County Substance Abuse Council to improve the quality of life of the people of Washington County by addressing the problem of substance abuse in our community.

Through:

Awareness and prevention of substance abuse at all age levels...

Comprehensive substance abuse treatment and rehabilitation programs...

Community involvement in fighting substance abuse...

Support of law enforcement involving substance abuse crimes.

## Membership List

#	Name	Organization	Race	Gender	Category
1	Tara Coats Hunt	Prosecutor	W	F	Criminal Justice
2	Honorable Judge Dustin Houchin	Superior Court Judge	W	M	Criminal Justice
3	Frank Newkirk, Jr.	Previous Superior Court Judge	W	M	Criminal Justice
4	Brent Miller	Sheriff	W	M	Criminal Justice
5	Eric Mills	Chief of Police	W	M	Criminal Justice
6	Joseph L. Keltner	Deputy Sheriff's Dept.	W	M	Criminal Justice
7	Chad Webb	K-9 Officer	W	M	Criminal Justice
8	John Mead	Attorney	W	M	Criminal Justice
9	Ryan Bower	Chief Public Defender	w	M	Criminal Justice

10	<b>Sandy Saulman</b>	<b>Public Defenders Office</b>	<b>W</b>	<b>F</b>	<b>Criminal Justice</b>
11	<b>Laura Barrett</b>	<b>PACT Victim Services Advocate</b>	<b>W</b>	<b>F</b>	<b>Treatment/Intervention Social Service Agency</b>
12	<b>Rhonda Mills</b>	<b>Tobacco Coalition</b>	<b>W</b>	<b>F</b>	<b>Treatment/ Intervention</b>
13	<b>Terri Backherms</b>	<b>Lifespring Clinical Manager</b>	<b>W</b>	<b>F</b>	<b>Treatment/ Intervention</b>
14	<b>Scott Newcomb</b>	<b>East Washington High School Coach/Teacher</b>	<b>W</b>	<b>M</b>	<b>Treatment/ Intervention</b>
15	<b>Darin Farris</b>	<b>East Washington High School Principle</b>	<b>W</b>	<b>M</b>	<b>Treatment/ Intervention Youth Serving</b>
16	<b>Jeanne Page</b>	<b>Salem High &amp; Middle School SADD</b>	<b>W</b>	<b>F</b>	<b>Prevention/Education Youth Serving</b>
17	<b>Chelsey Miller</b>	<b>YMCA Associate Director</b>	<b>W</b>	<b>F</b>	<b>Prevention/Education</b>
18	<b>Desiree Prater</b>	<b>YMCA Prevention Initiative Coordinator</b>	<b>W</b>	<b>F</b>	<b>Prevention/ Education</b>
19	<b>Sonya Mitchell</b>	<b>Purdue Extension Educator</b>	<b>W</b>	<b>F</b>	<b>Prevention/ Education</b>
20	<b>Gayle Hill</b>	<b>SHS Teacher CAM Club</b>	<b>W</b>	<b>F</b>	<b>Prevention/Education Youth Serving</b>
21	<b>Brianna Spray</b>	<b>EWES School Social Worker</b>	<b>W</b>	<b>F</b>	<b>Treatment/ Intervention Youth Serving</b>
22	<b>Karen Barry</b>	<b>Ivy Tech CLC</b>	<b>W</b>	<b>F</b>	<b>Prevention/Education</b>
23	<b>Tina Mitchell</b>	<b>Lifespring Mental Health</b>	<b>w</b>	<b>F</b>	<b>Prevention/Education</b>
24	<b>George Wright</b>	<b>Community Member</b>	<b>W</b>	<b>M</b>	<b>Prevention/Education</b>
25	<b>Courtney Williams</b>	<b>CASA</b>	<b>W</b>	<b>F</b>	<b>Treatment/Intervention Youth Serving</b>
26	<b>Kayla J. Seybold</b>	<b>West Washington High School Teacher /Drama Club Instructor</b>	<b>W</b>	<b>F</b>	<b>Prevention/ Education</b>
27	<b>Sheryl Dant</b>	<b>PACT Shelter Support Group</b>	<b>W</b>	<b>F</b>	<b>Treatment/Intervention Social Service Agency</b>
28					
29					
30					

**LCC Meeting Schedule:**

Please provide the months the LCC meets throughout the year:

**February, April, June, August, October, December**

**II. Community Needs Assessment**

*The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.*

**Community Profile**

County Name

**Washington**

County Population

**28,025 (IYI 2023)**

Schools in the community

**East Washington School Corporation K-12**

**West Washington School Corporation K-12**

**Salem School Corporation K-12**

**Southern Hills Christian Pre-School**

**Hoosier Uplands Head Start Pre-School**

**Noah Ark Christian Pre-School**

**YWCA Pre-School**

**East Washington Pre-School**

**Southern Hills Mennonite School, Livonia Hardinsburg Rd.**

**Twin Oaks Amish School, West Washington School Road**

Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)

**LifeSpring Health Care**

**Health Department Washington County Health Nurse**

**Ascension St. Vincent Hospital**

**All In Pediatrics**

**Baptist Health Medical Office**

**Choices Building/ Pregnancy Center Nurse**

Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)

**LifeSpring Health Systems**  
**Theresa Kreilein, LCSW**  
**Groups Recover Together**  
**Maria Burks, Counseling**  
**One Faith Intervention Counseling**  
**Center for Women Ministry Counseling**

Service agencies/organizations

**Choices Pregnancy Center, Washington County Food Bank, Jill's Hope, Kay's Closet, WorkOne, Outside the Walls, AA Group, Al-Anon, First Christian Church Community Free Meal and Warming Station, Washington County Service Providers, Washington County Substance Abuse Council, YWCA Prevention Initiative, Youth Foundation "Happily Ever After Project" and Dolly Parton Imagination Library, Hoosier Uplands, Blue River Services, Tobacco Coalition, Goodwill, Center for Women Ministries, Senior Center, WIC, PACT Victim Services, PACT Domestic Violence Shelter, Washington County Chamber of Commerce, Washington County Prevent Child Abuse Council, Lions Club, Summer Community Vacation Bible School, EFSP Utility, Housing and Food Assistance. Salvation Army. IYI Youth Café, Salem Public Library Community Programs, Summer "Park Hop"**

Local media outlets that reach the community

**Leader Publishing, The Salem Leader and online publication**  
**WSLM Radio and TV Station**  
**Billboards**  
**Facebook/ Salem Talks**  
**Southern Indiana Living, Free Magazine**

What are the substances that are most problematic in your community?

**Methamphetamine**  
**Others: Opioids, prescription drugs, alcohol, heroin, cocaine, marijuana, tobacco, vaping**

List all substance use/misuse services/activities/programs presently taking place in the community

**Groups Recover Together**  
**SADD**  
**Red Ribbon Week / Community Schools**  
**PACT Support Group**  
**AA Meetings**  
**NA Meetings**  
**Al-Anon Meetings**  
**24/7 Drug Drop**  
**Choices Life Resource Center Classes**  
**Tobacco Coalition**  
**Purdue Extension Education substance abuse classes**  
**Outside the Walls**  
**Southern Hills Classes**

## Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

**Risk Factors Examples:** trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

**Protective Factors Examples:** strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

Risk Factors	Resources/Assets	Limitations/Gaps
1. Weak Family Structure	<ol style="list-style-type: none"> <li>Free Support Group with Childcare provided.</li> <li>Free Emergency Housing for Domestic violence victims.</li> <li>Free Community events at the YMCA and the Prevention Initiative Program.</li> </ol>	<ol style="list-style-type: none"> <li>Single Father Households in Washington County is 5.4%</li> <li>Single Mother Households in Washington County is 14.3%</li> <li>Family abuse and child neglect</li> </ol>
2. Community Norms favorable toward substance abuse	<ol style="list-style-type: none"> <li>SADD in the Schools with Youth involvement.</li> <li>Agencies Serving the youth In our community.</li> <li>Students are active in the school Tobacco Coalition Presentations.</li> </ol>	<ol style="list-style-type: none"> <li>Alcohol and drugs are found in homes where children have access to them.</li> <li>Tobacco and vapes are sold in packaging that attracts adults and youth.</li> <li>Tobacco and vapes are sold in flavors attractive to youth.</li> </ol>
3. Substance misuse	<ol style="list-style-type: none"> <li>LifeSpring Counseling</li> <li>Support Groups</li> </ol>	<ol style="list-style-type: none"> <li>Social Media Influence</li> <li>Education about dangers of fentanyl in fake pills.</li> </ol>

	3. Strong Faith Base in our Community	3. People turn to substance abuse to cope with other problems.
Protective Factors	Resources/Assets	Limitations/Gaps
1. Community Involvement	1. Limited assistance with housing, food and utilities. 2. Community Meals and Warming Station 3. Kay's Closet free clothing	1. Limited positive adult Connections. 2. Transportation 3. Limited funding for programs
2. Structured Adult and Youth Programs	1. Sporting events 2. Public Parks, Park and Recreation 3. YMCA, Smoke Free County Fair, Summer Camps	1. Financial Resources 2. Inflation 3. Employment
3. Law enforcement presence within the community	1. Active probation department 2. K-9 Program 3. New Radars for Police cars.	1. Repeat offenders 2. Education about the dangers of fentanyl in fake pills 3. Healthy alternatives

### III. Making A Community Action Plan

*Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.*

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

#### Step 1: Create + Categorize Problem Statements

Create problem statements as they relate to each of the identified risk factors.

Risk Factors	Problem Statement(s)
1. Weak Family Structure	<ol style="list-style-type: none"> <li>1. History of antisocial behavior in families.</li> <li>2. Economic Disadvantages</li> <li>3. Poor social skills, management, and discipline in family environment</li> </ol>
2. Community Norms favorable toward substance abuse	<ol style="list-style-type: none"> <li>1. Repeat offenders socializing with friends involved with problem behaviors.</li> <li>2. Availability of drugs and alcohol.</li> <li>3. Affordable Housing</li> </ol>
3. Substance Misuse	<ol style="list-style-type: none"> <li>1. Participation in evidence based programs.</li> <li>2. People turn to substance misuse as a survivor skill</li> <li>3. Absenteeism from school and employment.</li> <li>4. Leads to injuries (self-inflicted or accidental. Health Disadvantaged.</li> </ol>

## Step 2: Evidence-Informed Problem Statements

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
1. Weak Family Structure	<p>PACT Domestic Violence Shelter in Washington County provided emergency shelter to 65 adults and 62 youth in 2022. This was an increase of 12 individuals than from the previous year.</p> <p>Washington County's School dropout rate (8.59%) is higher than the state average (6.7%)</p> <p>Jill's Hope Transitional Housing in Washington County provided housing to 24 individuals in 2022. This was an increase of 2 individuals from the previous year.</p>	<p>Hoosier Hills PACT Shelter Statistics (2022)</p> <p>Indiana Youth Institute (2022)</p> <p>Blue River Services Transitional Housing Statistics (2022)</p>

	<p>Household types- In 2022 were Single Fathers 5.4% and Single Mothers were 14.3%</p> <p>CHINS in Washington County was 8.4% in 2022. The State average was 7.6%</p>	<p>Indiana Youth Institute (2022)</p> <p>Indiana Youth Institute (2022)</p>
<p>2.</p> <p>Community Norms favorable toward substance abuse</p>	<p>In School suspension in Washington County in 2022 was 5.3% Incidents often include alcohol or drugs.</p> <p>Eastern High School suspended 6 students involving Drugs, Weapons, or Alcohol.</p> <p>West Washington High School suspended 4 students involving Drugs, Weapons, or Alcohol.</p> <p>Eastern High School found 6 positive tests out of 105 students tested for the 2022 grant period.</p> <p>82 pounds of medications were collected at drug drops in Washington County in 2022.</p>	<p>Indiana Youth Institute (2022)</p> <p>2022 School Corporation Annual Performance Report (APR)</p> <p>2022 School Corporation Annual Performance Report (APR)</p> <p>Washington County Substance Council Report from Principle Darin Farris (2022)</p> <p>Washington County Detention Center Statistics (2022)</p>
<p>3.</p> <p>Substance Misuse</p>	<p>In 2022 the PACT Domestic Violence Shelter received 55 calls from homeless individuals from Washington County needing a place to stay who were not victims of domestic violence. This is an increase of 19 from year 2021. These individuals were getting out of jail with no place to go, sleeping in vehicles, or on the streets or in tents.</p> <p>At least 39 backpacks of food, gloves, blankets, flashlights, etc. were given to the Washington County homeless population in2022. Some recipients shared that they use drugs and/or alcohol.</p> <p>202 individuals attended Support Group in 2022. A majority of the</p>	<p>Hoosier Hills PACT Shelter Statistics (2022)</p> <p>Hoosier Hills PACT Shelter Statistics (2022)</p> <p>Hoosier Hills PACT Shelter Statistics (2022)</p>

	<p>attendees admitted they use some type of substance abuse to help cope with life stressors.</p> <p>Washington County estimated deaths due to tobacco in 2020 were 48.</p> <p>There were 804 inmates in the Washington County Jail in 2022. 264 were there on drug related charges and 151 were alcohol related.</p>	<p>State Epidemiological Outcomes Workgroup (2020)</p> <p>Washington County Detention Center Statistics (2022)</p>
--	---	--

### Step 3: Brainstorm

*Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.*

Problem Statements	What can be done (action)?
1. Weak Family Structure	1. Support CASA / Foster Care  2. Support agencies that provide food, clothing, and housing to families in crisis.  3. Support programs that build life- skills
2. Community Norms favorable toward substance abuse	1. Support K-9 program  2. Support Drug Drops  3. Support Lunch and Learns
3. Substance Misuse	1. Support alternative activities for youth  2. Provide funding for transportation to treatment and support groups.  3. Participate in community events such as the County Fair.

### Step 4: Develop SMART Goal Statements

*For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.*

#### Problem Statement #1

<p>Goal 1 (Weak family Structure) To reduce by 1% the number of CHINS in Washington County by the end of year 2023 making it under the state average.</p>
<p>Goal 2 (Weak family Structure) Provide funding or assistance for at least three free youth events in rural communities by the end of year 2023.</p>
<p><b>Problem Statement #2</b></p>
<p>Goal 1 (Community Norms favorable toward substance abuse)  Provide at least one lunch and learn in 2023 for the community with at least 30 individuals attending to receive help from professionals who can answer questions relating to problems associated with their or their friends, substance misuse.</p>
<p>Goal 2 (Community Norms favorable toward substance abuse)  The goal is to lower the suspension rate 1% by the end of school 2023-2024 by sponsoring six after school events that would provide alternatives for the youth instead of smoking, drinking, or other drugs.</p>
<p><b>Problem Statement #3</b></p>
<p>Goal 1 (Substance Misuse) Provide training for one law enforcement officer and the K-9 dog by a professional trainer resulting in a 3% increase of substance abuse arrests by the end of year 2023.</p>
<p>Goal 2 (Substance Misuse) Support the Washington County Drug Drops resulting in the number of pounds collected by the end of year 2023 having increased by 2% from year 2022.</p>

**Step 5: Plans to Achieve Goals**

*For each goal, list the steps required to achieve each*

<b>Problem Statement #1</b>	<b>Steps</b>
<p>Goal 1 (Weak family Structure)  To reduce by 1% the number of CHINS cases in Washington County by 2023 making it under the state average.</p>	<ol style="list-style-type: none"> <li>1. Supply funding to CASA for Volunteer training.</li> <li>2. Assist CASA with funding for flyers</li> <li>3. Continue to assist/fund the agencies</li> </ol>

	that provide food, clothing, and shelter to the under privileged.
<p>Goal 2 (Weak family Structure)</p> <p>Provide funding or assistance for three free youth events in rural communities by the end of year 2023.</p>	<ol style="list-style-type: none"> <li>1. Coordinate events with Prevention Coordinator</li> <li>2. Supply volunteers to help with the youth events.</li> <li>3. Provide booth space at the Washington County Fair focusing on the needs of the youth and distribute information for healthy relationships.</li> </ol>
<b>Problem Statement #2</b>	<b>Steps</b>
<p>Goal 1 (Community Norms favorable toward substance abuse)</p> <p>Provide at least one lunch and learn in 2023 for the community with at least 30 individuals attending to receive help from professionals who can answer questions relating to problems associated with their, or their friends, substance misuse</p>	<ol style="list-style-type: none"> <li>1. Contact professionals that are in the Washington County Substance Abuse Council to be a part of the Lunch and Learn.</li> <li>2. Provide funding for the Lunch and Learn.</li> <li>3. Organize a committee to plan the event.</li> </ol>
<p>Goal 2 (Community Norms favorable toward substance abuse)</p> <p>Lower the Washington County School suspension rate 1% by the end of school 2023-2024 by sponsoring six after school events that would provide alternatives for the youth instead of smoking, drinking , or other drugs</p>	<ol style="list-style-type: none"> <li>1. Provide funding for SADD events, trainings, and Red Ribbon week.</li> <li>2. Provide funding for Drama Club in a rural school. Drama Club members meet after school for play practice.</li> <li>3. Assist and help fund supplies for the Tobacco Coalition Coordinator with school presentations.</li> </ol>
<b>Problem Statement #3</b>	<b>Steps</b>
<p>Goal 1 (Substance Misuse)</p> <p>Provide training for one law enforcement officer and the K-9 dog by a professional trainer.</p>	<ol style="list-style-type: none"> <li>1. Support the K-9 project by paying for the yearly cost of training the dog “Kuma” and his officer.</li> <li>2. Encourage Law Enforcement Presentations with the K-9 to students and our community. Fund items needed for the presentations.</li> <li>3. Distribute and share information</li> </ol>

	about how the drug dog helps the community by finding drugs, finding lost children, helping in emergencies, etc.
<p>Goal 2 (Substance Misuse)</p> <p>The Washington County Drug Drops will collect 2% more in 2023 than the previous year.</p>	<p>1. Purchase new signs for the drug drop events. Organize more drug drop events from the previous year.</p> <p>2. Make flyers and distribute them throughout the community.</p> <p>3. Use social media to announce the events.</p>

#### IV. Fund Document

*The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).*

Funding Profile		
<b>1</b>	Amount deposited into the County DFC Fund from fees collected last year:	\$34,550.88
<b>2</b>	Amount of unused funds from last year that will roll over into this year:	\$402.92
<b>3</b>	Total funds available for programs and administrative costs for this year (Line 1 + Line 2):	\$34,953.80
<b>4</b>	Amount of funds granted last year:	\$23,408.88
Additional Funding Sources (if no money is received, please enter \$0.00)		
<b>A</b>	Substance Abuse and Mental Health Services Administration (SAMHSA):	\$0.00
<b>B</b>	Centers for Disease Control and Prevention (CDC):	\$0.00
<b>C</b>	Bureau of Justice Administration (BJA):	\$0.00
<b>D</b>	Office of National Drug Control Policy (ONDCP):	\$0.00
<b>E</b>	Indiana State Department of Health (ISDH):	\$0.00
<b>F</b>	Indiana Department of Education (DOE):	\$0.00
<b>G</b>	Indiana Division of Mental Health and Addiction (DMHA):	\$0.00
<b>H</b>	Indiana Family and Social Services Administration (FSSA):	\$0.00
<b>I</b>	Local entities:	\$0.00
<b>J</b>	Other:	\$0.00
Categorical Funding Allocations		
Prevention/Education:	Intervention/Treatment:	Justice Services:
\$ 10,151.27	\$ 10,151.27	\$ 10,151.26
Funding allotted to Administrative costs:		

<i>Itemized list of what is being funded</i>		<i>Amount (\$100.00)</i>
Coordinator compensation		\$ 4,000.00
Office supplies		\$ 500.00
<b>Funding Allocations by Goal per Problem Statement:</b>		
<b>Problem Statement #1</b>	<b>Problem Statement #2</b>	<b>Problem Statement #3</b>
Goal 1: \$5,075.63	Goal 1: \$ 5,075.63	Goal 1: \$ 5,075.63
Goal 2: \$5,075.64	Goal 2: \$ 5,075.64	Goal 2: \$ 5,075.63